3rd Manchester Medicine Update
Mercure Hotel, Manchester Piccadilly
22/23th March 2016

“An excellent update on Acute Medical conundrums.
Delegate, 2nd Manchester Medicine Update

REVALIDAID
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22nd March

Programme

8.30  Registration and coffee

Morning Session

08:55  Welcome and Introduction
       Chair: Dr John Anderton, Consultant Renal Physician and Clinical Director Deputy Head of School of Medical Specialties, NW LETB

09:00  ‘COPD’ - Diagnostic last refuge of the intellectually challenged?
       Dr Phil Barber, Consultant Respiratory Physician, University Hospital of South Manchester

09:45  Sepsis - The Good Bad and Ugly
       Dr Chakri Molugu, Member NCEPOD Sepsis Group, National IPS representative & Consultant Acute Physician, Whiston Hospital

10:30  Refreshments

11:00  An update on practical neurology
       Dr David Rog, Consultant Neurologist, Salford Royal Foundation Trust

11:45  End of life care in non malignant conditions
       Dr Iain Lawrie, Consultant in Palliative Medicine, North Manchester General Hospital

12:30  Lunch

Afternoon Session

Chair: Dr Derek Rowlands, Consultant Cardiologist, The Beeches, Alexandra Hospital

13:30  Thyroid disease and acute medicine - Key things to know
       Prof Colin Dayan, Consultant Endocrinologist, Cardiff University Hospital

14:15  ICDs and biventricular devices - What the general physicians need to know
       Dr Amir Zaidi, Consultant Cardiologist, Manchester Royal Infirmary

15:00  Refreshments

15:30  Viral hepatitis
       Dr Andrew Ustianowski, Consultant in Infectious Diseases, North Manchester General Hospital

16:15  Dermatology update for the general physician
       Dr Rob Lister, Consultant Dermatologist, Wrexham Maelor Hospital

17:00  Closing Remarks and Feedback
Programme

08.30 Registration and Coffee

Morning Session

08:55 Welcome and Introduction
  Chair: Dr Kelly Cheer, Consultant Endocrinologist, North Manchester General Hospital

09:00 Evidence for intra-arterial thrombectomy in acute stroke care and its challenges
  Dr Khalil Khawafi, Consultant Stroke Physician, Fairfield General Hospital

09:45 Proactive care of older patients in general surgical wards
  Dr Arturo Vilches-Moraga, Consultant in Elderly Medicine, Salford Royal Hospital

10:30 Refreshments

11:00 Pitfalls in DVT care – Why did I ever get involved?
  Dr Mark Holland, Consultant Acute Physician and SAM President, University Hospitals of South Manchester

11:45 Mental health act (MHA), Mental capacity act (MCA) and Deprivation of liberty safeguards (DOLS) for physicians
  Dr Ross Overshott, Consultant Psychiatrist, Salford Royal Foundation Trust

12:30 Lunch

Afternoon Session

  Chair: Dr Stuart Robertson, Consultant Nephrologist, Wrexham Maelor Hospital

13:30 Mistakes I have made in syphilis, HIV and the rest...
  Dr Colm O’Mahony, Consultant in GUM, Countess of Chester Hospital

14:15 Renal vasculitis
  Prof Philip Kalra, Consultant Nephrologist, Salford Royal Foundation Trust

15:00 Refreshments

15:30 Poisoning and overdose, from the good old paracetamol to molly and the philosopher’s stone
  Dr Ashraf Kamour, Consultant in Acute Medicine and Toxicology, North Manchester General Hospital

16:15 Hyponatraemia: diagnosis and management
  Prof Steve Ball, Consultant Endocrinologist, Manchester Royal Infirmary

17:00 Closing remarks and feedback

Course Fees

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*Early bird discount rate
This discount is only available if we receive the payment before 13th Dec 2015.

To book this course, visit www.revalidaid.com

This meeting has been approved by the Royal College of Physicians for 12 Category 1 (External) CPD Credits.
(Code 100478)
Dr Colm O’Mahony

Dr Colm O’Mahony MD. FRCP. BSc. Dip. Ven. is a Consultant Physician in Sexual Health and HIV at the Countess of Chester Hospital since 1990. He was also the Postgraduate Tutor for 7 years. He first qualified in Science (Microbiology) in 1975, and then went on to do Medicine, in the hope of putting off the day when he would finally have to work for a living! He did an MD in Immunology but he was never clever enough to become a ‘real proper GP doctor’ and he liked talking to patients far too much to ever consider being a surgeon. Fortuitously, he ended up in a VD Clinic in Sir Patrick Dunn’s Hospital in Dublin, doing a session, and there – like St Paul on the road to Damascus, enlightenment. Here was just the job for your average repressed Irish Catholic. ’There was sex, shame, guilt, anxiety, confession, forgiveness and penance. He had found his niche!’

He came to England in 1986 to explore the sexual diversity of Liverpool and finally to a Consultant post in Chester in 1990. As Postgraduate Tutor he infuriated and delighted: exposing the farce of fund holding, the idiocy of audit, and the small-minded bureaucracy of cynical governance. Mostly however, he showed that life without sex, love, passion and desire is no life - at all, at all.

He was elected as Chairman of the National Association of GU Doctors in 2001 and to the British HIV Association executive committee in 2005. He featured in ‘Sex, warts and all’ shown on BBC Choice 2002. He featured in a Channel 4 series ‘Let’s talk sex’ with Davina McCall, shown March 06 and March 07. In November 06 he featured in the series ‘Girls’ Guide to 21st Century Sex’ on Channel 5, (Repeated often). Shown on Irish TV in June 2011 but removed after protests! He featured with Stephen Fry on BBC ‘HIV and me’ 2008. He was the chairman of the BASHH media group and chair of the EADV media committee in 2009 and does media training for EADV delegates. He was elected as the UK rep for the EADV in 2014. Dr O’Mahony occasionally does after-dinner talks, and wrote a regular piece in STI, entitled ‘Chester Chronicles’ and an editorial ‘View from the frontline’ in the INT J STD AIDS. He has lectured extensively in Europe, Australia, Malaysia, Hong Kong, Singapore, China, Korea and even in Jeddah (Feb 2012), where apparently there are no STD’s.

Professor Philip Kalra

Professor Philip Kalra graduated from Cambridge University and is Consultant Nephrologist at Salford Royal NHS Foundation Trust, Honorary Professor at the University of Manchester. He is lead of the renal research team at Salford and has major research focus on atherosclerotic renovascular disease and cardiovascular disease in CKD. He is national chair of the NIHR Renal Disorders group of the clinical trials network. He is editor of the ‘Essential Revision Notes for the MRCP’, a popular textbook for candidates attempting the MRCP part 1.

Dr Phil Barber

Dr. Barber is a Consultant Respiratory Physician at the University Hospital of South Manchester and the Christie Hospital. He is Clinical Director of Respiratory Medicine.

He has written, lectured and published extensively on many aspects of respiratory medicine, including pulmonary function testing, lung cancer, and interventional bronchoscopy.

He chairs the Greater Manchester and Cheshire Lung Cancer Network. He is adviser to NICE on respiratory topics and has been a member of NICE Guideline Development groups, also of National working parties for the British Thoracic Society. He is a Director of the Medicines Evaluation Unit in South Manchester.
Dr David Rog
Dr David Rog is a Consultant Neurologist at the Salford Royal Foundation Trust with a special interest in Multiple Sclerosis. He obtained his MD through a research in the Measurement and Treatment of Neuropathic Pain in Multiple Sclerosis. His clinical research with Sativex was recognised by the US Consortium of MS Centres Whitaker Track Award. Dr Rog has published in the areas of Multiple Sclerosis, Cannabinoids and Neuropathic Pain.

Dr Chakri Molugu
Dr Molugu is a Consultant in acute and general internal medicine with special interest in sepsis & IT at St Helens and Knowsley Teaching hospitals NHS Trust. He has had numerous roles at National level as NCEPOD advisory group member for Sepsis, co-deputy representing Infection Prevention Society at various national meetings and also as clinical expert group member for sepsis at advancing Quality North-West. He has been instrumental in developing a set of measures for management of sepsis which is in the process of being adopted by trusts across the north-west. He is the editor for sepsis on NHS Choices website. He is also currently the sepsis lead for the trust and has developed a sepsis management pathway which has been included in the resource section of the International Surviving Sepsis group in view of its simplistic yet robust evidence based nature.

Dr Mark Holland
Dr Mark Holland qualified from St George’s Hospital Medical School in 1988 and then worked as Senior Registrar in East London rotation in Geriatric Medicine and General Internal Medicine. He was then appointed as Consultant Geriatrician at University Hospital of South Manchester followed by Consultant Acute Physician at same Hospital. He has served as Secretary of Society for Acute Medicine (SAM) between 2010-2013, as Vice President between 2013-2015 and is currently the President elect for the SAM. He was involved with setting up a DVT pathway in 2004. Since 2012 he has worked with NHS England to develop a pan-Manchester DVT guideline.

He represented SAM on encephalitis guideline group and with NICE on neutropenic sepsis guideline (CG151).

He helped to set-up registrar training programme in the North West and has served as Training Programme Director from 2007-2012. Currently he represents SAM on committees or projects with RCP London and Edinburgh.
Dr Amir Zaidi
Dr Zaidi is a Consultant Cardiologist at the Manchester Royal Infirmary. Dr Zaidi qualified in 1989 from Manchester University and undertook postgraduate training in London and the North-West. His specialist interests include Implantable Devices, Lead Extraction and Syncope. Dr Zaidi has developed a successful ICD implant and follow-up service at Manchester Royal Infirmary where he has also lead the development of sector pacing lab. Dr Zaidi is currently the Training Program Director for Cardiology in North-Western Deanery and member of Cardiology Specialist Advisory Committee.

Dr Iain Lawrie
Iain started life as a Physiotherapist, working for five years, including a period in Canada, before going back to studying Medicine at the University of Leicester. He entered Palliative Medicine through General Practice, with a couple of years in a rural practice, and some time in a Category B Prison (as a doctor, rather than an inmate!). Iain became a Consultant in Palliative Medicine in Manchester in 2008, and now works solely in secondary and community palliative care. In addition to his very varied clinical work, he is actively involved in undergraduate education at the University of Manchester and in palliative care research. He has published over 60 peer-reviewed papers, book chapters, online learning modules and conference papers. Iain is currently a member of the Executive Committees of both the Association for Palliative Medicine and the British Psychosocial Oncology Society, the Editorial Board of the European Journal of Cancer Care and a regular reviewer for several other international journals relating to palliative care.

Prof Colin Dayan
MA MBBS, FRCP, PhD
Colin Dayan is Professor of Clinical Diabetes and Metabolism, Cardiff University School of Medicine. He trained in medicine at University College, Oxford, and Guy’s and Charing Cross Hospitals in London, UK before obtaining a PhD in the immunology of Graves’ Disease. He spent a year as an endocrine fellow at the Massachusetts General Hospital in Boston, USA before completing his specialist training in diabetes and endocrinology as a Lecturer in Bristol. In 2010, he was appointed to the Chair of Clinical Diabetes and Metabolism and became Director of the Institute of Molecular and Experimental Medicine in 2011. He has interests in translational research in the immunopathology of type 1 diabetes and thyroid disease.

Dr Andrew Ustianowski
Dr Andrew Ustianowski is a consultant physician in Infectious Diseases & Tropical Medicine at the North Western Regional Infection Unit, North Manchester General Hospital, UK, which has a cohort of over 2000 HIV positive patients and is one of the largest treatment centres for HCV in the UK. He has been part of guideline writing committees for BHIVA & other bodies, is chair of the British Viral Hepatitis Group, lectures widely on HIV, hepatitis & related topics, and is part of several national and international educational steering groups.

He graduated from Guy’s Hospital, London, and subsequently trained in Infectious Diseases, Tropical Medicine, HIV and General Medicine in the London region. .
Dr Robert Lister
Dr Lister is a Consultant Dermatologist working in Wrexham Maelor Hospital which is a District General Hospital in North Wales. He also leads the service centred around Dolgellau Cottage Hospital on the West Coast of Wales. His dermatology training was based in London where he undertook extra training in histopathology at St John's Institute of Dermatology. He retains a career long interest in dermatopathology and liaises with local pathologists to help with clinicopathological correlation. Dr Lister’s other main area of interest is skin cancer. He leads both the Local and Network Skin Cancer Multidisciplinary Teams and is the current Clinical Lead for the Welsh Specialist Advisory Group for skin cancer.

Dr Ashraf Kamour
Dr Kamour is an Acute physician at North Manchester Hospital with a sub-speciality qualification in clinical toxicology. He did his advanced fellowship in clinical toxicology in Newcastle, and has had considerable exposure to clinical toxicology at both local and national levels. He has worked with the National Poison Information Service (NPIS), presenting projects in the European Association of Poisons Centres and Clinical Toxicologists annual conferences, and writing several entries for TOXBASE®, the NPIS online poisons information database. He is currently developing local toxicology service in Manchester, including inpatient and outpatient services.

Dr. Arturo Vilches-Moraga
Dr Vilches-Moraga is a consultant in Elderly Medicine at Salford Royal Foundation Trust. In 2014, he shared the responsibility of developing a multidisciplinary Medicine for the Care of Older People in-reach service into General Surgery at Salford Royal NHS Foundation Trust. Over 400 hundred patients already underwent comprehensive geriatric assessment and targeted multidimensional interventions leading to significant reductions in hospital length of stay, improvements in coding of comorbidities, medication adjustment and patient/staff satisfaction. After graduating from Woodbury high school in 1987 (New Jersey, US) and obtaining his medical degree (Universidad Complutense de Madrid, 1993), Dr. Vilches-Moraga held training posts within the Northwest deanery which lead to the award of a Certificate of Completion of Specialist Training in Geriatric Medicine and General Internal Medicine. In 2005 he was appointed Consultant Geriatrician and Physician at Complejo Hospitalario Universitario de Vigo (CHUVI) in Spain where he developed a broad range of expertise including acute geriatric medicine, heart failure, dementia, delirium and falls. He was awarded the Diploma of Membership of the Royal Colleges of Physicians of the United Kingdom in 1999, a postgraduate Diploma in Geriatric Medicine by the Royal College of Physicians of London in 2001, and in 2007 he completed a Masters degree in Geriatric Medicine (University of Salford, Manchester, UK) with a dissertation entitled “A Disease Management Program for Elderly Heart Failure patients admitted to a Spanish Teaching Hospital”. Dr. Vilches-Moraga’s principal research interests include geriatric in reaching Services, heart failure in the older person and falls/syncope prevention. He has received research grants and has published peer reviewed originals, reviews, book chapters, case reports, editorials, short communications and abstracts.

He is a reviewer for various academic journals and evaluates scientific projects.

His interest in medical training commenced during specialist training when he was appointed Royal College of Physicians associate tutor. He was postgraduate Tutor at CHUVI and currently teaches undergraduate medical students (Honorary Senior Lecturer, Faculty of Medical and Human Sciences, University of Manchester).

Arturo is an executive board member of the European Union Geriatric Medicine Society and EUGMS website Director.

“Extremely well planned, well organised over 2 days with excellent speakers”

Delegate, 2nd Manchester Medicine Update
How to Get There

**MERCURE MANCHESTER PICCADILLY HOTEL**
Portland Street
Manchester
M1 4PH

The Mercure Manchester Piccadilly Hotel is centrally located, overlooking Piccadilly Gardens. The hotel is 800 metres from Manchester Piccadilly railway station and opposite Piccadilly Gardens bus and tram stations. Manchester Airport is just nine miles away.

Post Code for SATNAV: **M1 4PH**

**Car Parking**
Limited parking places available on site. Charges apply.

**By Rail:**
Manchester Piccadilly (0.80 km / 0.50 mi)

**By Air:**
Manchester Airport (14.48 km / 9.00 mi)

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**Speakers**

**Dr Ross Overshott**
Dr Ross Overshott is a Consultant in Liaison Psychiatry in Salford, Greater Manchester and a playwright. He is the patron consultant for the Manchester University Medical Student Psychiatry Society and conducts a ‘Psychiatry and Cinema’ teaching session on the psychiatry undergraduate course. In 2006, Ross co-founded a small touring theatre company, producing several of his plays that have won festival awards for ‘new writing’ and ‘best production. He is also a panellist at the Medfest event in Manchester.

**Dr Khalil Kawafi**
Dr Kawafi has been working as Consultant Physician with an interest in care of the elderly and stroke, at Pennine Acute Hospital Trust. Dr Kawafi is the stroke lead at Pennine and has overseen the development of its centre (based at Fairfield site) which became one of the 3 Hyperacute Stroke centres, as part of Greater Manchester’s innovative Hub and Spoke hyperacute stroke model (which commenced in April 2010).

**Professor Steve Ball**
Prof Ball is a Consultant and Clinical Lead for Endocrinology at Central Manchester University Hospitals NHS Trust & MAHSC, UK. He is also an Honorary Professor of Medicine & Endocrinology. Prof Ball studied basic science as an undergraduate at Birmingham University, and went on to complete a PhD in Molecular Endocrinology before pursuing undergraduate and postgraduate medical studies in London. Following middle grade training in Diabetes and Endocrinology Prof Ball spent 2 years in the USA as a Medical Research Council (UK) and Howard Hughes Fellow, returning to a Senior Lecturer post in Newcastle. He has recently moved to Manchester, leading a large and evolving clinical service in a changing health economy.

Prof Ball’s work combines clinical medicine, research and teaching. He has served on the Clinical Committee and Council of the Society for Endocrinology (UK). He has enjoyed wide-ranging engagement with guideline development, including recent multi-disciplinary European Guidelines on the diagnosis and management of Hyponatraemia. He is keen to progress clinical services, supported by both evidence-based and evidence-informed guidance that speaks to the real problems clinicians face in everyday practice.

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