This was one of the best CPD meetings I've ever been to. The talks were engaging and entertaining as well as being informative.

Delegate, 4th Manchester Medicine Update
# Programme

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>08.30</td>
<td>Registration and coffee</td>
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<tr>
<td>08:55</td>
<td><strong>Welcome and Introduction</strong>&lt;br&gt;Chair: Professor Philip Kalra, Consultant Nephrologist, Salford Royal Hospital. Honorary Professor, the University of Manchester</td>
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<tr>
<td>09:00</td>
<td><strong>Headache in the Emergency Setting</strong>&lt;br&gt;Dr Saifuddin Shaik, Consultant Neurologist, Lancashire Teaching Hospitals NHS Trust</td>
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<tr>
<td>09:45</td>
<td><strong>“Confessions of an Acute Physician”</strong>&lt;br&gt;Dr Micayla Telfer, Consultant Acute Physician, Macclesfield General Hospital</td>
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<tr>
<td>10:30</td>
<td>Refreshments</td>
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<tr>
<td>11:00</td>
<td><strong>Frailty Assessment and Crisis Interventions at Acute Hospitals</strong>&lt;br&gt;Dr Moe Thaw Oo, Consultant in General and Elderly Medicine and Honorary Senior Lecturer, Sandwell and West Birmingham Hospital NHS Trust</td>
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<tr>
<td>11:45</td>
<td><strong>Evolving Paradigms in Inflammatory Bowel Disease: The Importance of being Earnest</strong>&lt;br&gt;Dr Jimmy Limdi, Consultant Gastroenterologist and Honorary Senior Lecturer, Pennine Acute Hospitals NHS Trust</td>
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<tr>
<td>12:30</td>
<td>Lunch</td>
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<tr>
<td>13:30</td>
<td><strong>An Update on Lipid Management</strong>&lt;br&gt;Dr San San Min, Consultant Chemical Pathologist and Honorary Senior Lecturer, The Royal Wolverhampton NHS Trust</td>
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<tr>
<td>14:15</td>
<td><strong>Fever in a Returning Traveller</strong>&lt;br&gt;Dr Andrew Ustianowski, Consultant in Infectious Diseases, North Manchester General Hospital</td>
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<tr>
<td>15:00</td>
<td>Refreshments</td>
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<tr>
<td>15:30</td>
<td><strong>“Palliative Medicine: Fact and Fiction”</strong>?&lt;br&gt;Dr Iain Lawrie, Consultant in Palliative Medicine, Pennine Acute Hospitals</td>
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<tr>
<td>16:15</td>
<td><strong>Unraveling the Secrets of the Skin in the General Medical Patient- From Emergencies to Systemic Diseases</strong>&lt;br&gt;Dr Faheem Latheef, Consultant Dermatologist and Honorary Senior Lecturer, Leeds Teaching Hospitals NHS Trust</td>
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<tr>
<td>17:00</td>
<td>Closing Remarks and Feedback</td>
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</tbody>
</table>

This meeting has been approved by the Royal College of Physicians for 12 Category 1 (External) CPD Credits (RCP Code 115108)

Very well organised and high calibre speakers

Delegate, 4th Manchester Medicine Update

12 CPD
# Programme

## 8.30  Registration and Coffee

### Morning Session

**Chair:** Dr John Anderton, Consultant Nephrologist and Head of School of Medicine, North Western Deanery

**09:00**  
**Delaying Renal Progression - And Sweetening the Urine**  
Prof Sunil Bhandari, Consultant Nephrologist and Honorary clinical professor, Hull and East Yorkshire NHS Trust

**09:45**  
**Legal Update for the Acute Hospital: What you can do, What you can’t do and What you should do**  
Dr Ross Overshott, Consultant Psychiatrist, Salford Royal Foundation Trust

**10:30** **Refreshments**

**11:00**  
**Management Issues in Cancer-Associated Thrombosis**  
Dr Jecko Thachil, Consultant Haematologist, Central Manchester Foundation Trust

**11:45**  
**Kidney Problems on the Admissions Unit - It’s not all ATN**  
Dr Gareth Roberts, Consultant Nephrologist, South East Wales

**12:30** **Lunch**

### Afternoon Session

**Chair:** Dr Stuart Robertson, Consultant Nephrologist, Wrexham Maelor Hospital

**13:30**  
**Sex and the Heart**  
Dr Sanjay Arya, Consultant Cardiologist, Wigan Infirmary

**14:15**  
**Challenging Chest Cases on MAU, and Advances in their Management!**  
Dr Mohammed Munavvar, Consultant Respiratory and Acute Physician and Deputy Medical Director, Pennine Acute Hospitals NHS Trust

**15:00** **Refreshments**

**15:30**  
**‘Acute Medicine – The Forgotten Patients’**  
Dr Mark Holland, Consultant Acute Physician, University Hospital South Manchester

**16:15**  
**Endocrine Emergencies**  
Dr Simon Howell, Consultant Endocrinologist, Lancashire Teaching Hospitals NHS Trust

**17:00** **Closing Remarks and Feedback**

## Course Fees

<table>
<thead>
<tr>
<th></th>
<th>Both Days</th>
<th>19th March</th>
<th>20th March</th>
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<tbody>
<tr>
<td><strong>Early Bird</strong></td>
<td>£375</td>
<td>£200</td>
<td>£200</td>
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<tr>
<td><strong>Early Bird Trainees</strong></td>
<td>£275</td>
<td>£150</td>
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<tr>
<td><strong>Regular</strong></td>
<td>£425</td>
<td>£225</td>
<td>£225</td>
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<tr>
<td><strong>Trainees</strong></td>
<td>£350</td>
<td>£175</td>
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*Early bird discount rate  
This discount is only available if we receive the payment before 10th Dec 2017.

## Who should attend?

- General Physicians
- Acute Physicians
- Emergency Physicians
- Intensivists
- Trainees
Speakers

Prof Sunil Bhandari
Prof Sunil Bhandari MBChB, MRCP (UK), FRCP (Edin), PhD, M Clin Educ, FHEA Prof. Bhandari graduated from the University of Edinburgh, trained in Renal and Transplant Medicine in Yorkshire (UK) and Sydney Australia. He is a Consultant in Nephrology and Honorary Professor at Hull York Medical School (HYMS) and Hull and East Yorkshire Hospitals NHS Trust; Co-Director of UK Advanced Nephrology Course; Deputy Head of School of Medicine for Yorkshire and Humber and International Director for RCPE.

Member of the Renal Association Clinical specialist groups of research in anaemia, CKD and cardiorenal syndrome. Prof Bhandari leads in collaboration a research program based around renal anaemia, CKD progression (STOP ACEI Trial) and the effects of iron therapy on cardiac and renal function with a focus on uraemic cardiomyopathy and mitochondrial function.

Dr Andrew Ustianowski
Dr Andrew Ustianowski is a consultant physician in Infectious Diseases & Tropical Medicine at the North Western Regional Infection Unit, North Manchester General Hospital, UK, which has a cohort of over 2000 HIV positive patients and is one of the largest treatment centres for HCV in the UK. He has been part of guideline writing committees for BHIVA & other bodies, is chair of the British Viral Hepatitis Group, lectures widely on HIV, hepatitis & related topics, and is part of several national and international educational steering groups.

He graduated from Guy’s Hospital, London, and subsequently trained in Infectious Diseases, Tropical Medicine, HIV and General Medicine in the London region.

Dr San San Min
Dr. San San Min is a Consultant Chemical Pathologist with special interests in lipids and metabolic medicine at Royal Wolverhampton NHS trust and an Honorary Senior Lecturer in University of Wolverhampton. She completed her specialist registrar training in London Deanery including Guy’s and St Thomas’ tertiary lipid centre, King’s College Hospital and Barts Health NHS Trust. She obtained her MSc in Clinical Biochemistry from University College London during her training. She is a fellow of the Royal College of Pathologists and is also an European Specialist in Clinical Chemistry and Laboratory Medicine (EuSpLM).

Dr Sanjay Arya
Sanjay trained in the North Western deanery as Specialist Registrar in Cardiology at Royal Victoria Hospital, Blackpool, South Manchester University Hospital (Wythenshawe) and Central Manchester University Hospitals (Manchester Royal Infirmary). He has been a Consultant Cardiologist at WWL since 2000 providing a high quality, evidence based and patient focused service. He provides a comprehensive cardiac service. His areas of interest are coronary artery disease, coronary intervention, heart failure, arrhythmia, pacing, syncope and cardiac assessment for non-cardiac surgery and professional footballers. He has performed vast numbers of cardiac procedures with high success and very low complication rates. He is a keen teacher and dedicated to teaching and training of junior doctors. He is the Foundation Programme Director at WWL and Examiner of the Royal College of Physicians at Manchester Medical School. He is Honorary Senior Lecturer at the University of Central Lancashire and Honorary Lecturer of the British Heart Foundation.
Dr Mark Holland
Dr Mark Holland qualified from St George's Hospital Medical School in 1988 and then worked as Senior Registrar in East London rotation in Geriatric Medicine and General Internal Medicine. He was then appointed as Consultant Geriatrician at University Hospital of South Manchester followed by Consultant Acute Physician at same Hospital. He has served as Secretary of Society for Acute Medicine (SAM) between 2010-2013, as Vice President between 2013-2105 and is the immediate past president of Society of Acute Medicine. He was involved with setting up a DVT pathway in 2004. Since 2012 he has worked with NHS England to develop a pan-Manchester DVT guideline.

He represented SAM on encephalitis guideline group and with NICE on neutropenic sepsis guideline (CG151). He helped to set-up registrar training programme in the North West and has served as Training Programme Director from 2007-2012. Currently he represents SAM on committees or projects with RCP London and Edinburgh.

Dr Jimmy Limdi
Dr Jimmy Limdi is Consultant Gastroenterologist and Clinical Lead for Inflammatory Bowel Disease (IBD) at the Pennine Acute Hospitals NHS Trust in Manchester. He is an Honorary Senior Lecturer at the Institute of Inflammation and Repair Group, University of Manchester.

He qualified in 1993 and went on to complete internal medicine and then gastroenterology specialist training in Yorkshire and Manchester, followed by a period of research at the Institute of Cell and Molecular Sciences, Barts and The London Hospitals, and University College Hospitals, London. His research interests include gut permeability, nutriceuticals and diet in IBD, early diagnosis and outcomes and IBD therapeutics. He is Principal Investigator to several IBD therapeutic trials, holds editorial board and peer review appointments with scientific journals, and has published widely in the field. Dr Limdi has participated in a number of national and international peer review processes, Delphi panels and has co-authored several international IBD guidelines. He is a core member of the IBD Section of the British Society of Gastroenterology, the BSG Food and Function Research Group and BSG IBD representative to the Core Advisory Group of the Association of ColoProctologists of Great Britain &Ireland. He is currently the UK National Representative at the American College of Gastroenterology (ACG) and is a core member of the ACG Educational Affairs and International Relations Committees.

Dr Micayla Telfer
Micayla graduated from UMDS, London in 2001. After initially wanting to become a dermatologist she saw the light whilst on the Medical Assessment Unit at Norwich in 2003 and embarked on a career in Acute Medicine. Now an Acute Medicine Consultant at Macclesfield Hospital she is interested in keeping things simple and getting the basics right. Her role as Foundation Programme Director allows her to mither the juniors.

She spends her spare time chasing after the kids, baking outrageous cakes and running unnecessary distances.

Dr Moe Thaw Oo
Dr Moe Thaw Oo is a Consultant Physician and Geriatrician in the integrated Parkinson’s disease service at the Sandwell and West Birmingham Hospitals NHS Trust. He is the Foundation Year 2 Programme Director at the Trust and is a board member of the General Internal Medicine Higher Specialty Training Committee at Health Education England, West Midlands. He is an Honorary Senior Clinical Lecturer at the University of Birmingham.

He has read Medicine at University of Medicine 2 Yangon. He has obtained a Master of Medical Science (MMedSci) from Keele University, England and a Postgraduate Diploma in Clinical Education from the RCPMG. He has also obtained a fellowship in Medical Education (FAcadMED) from the Academy of Medical Educators of the UK. He has published articles related to Frailty, Parkinson’s disease and Clinical Education in peer reviewed journals.
Dr Iain Lawrie

Iain started life as a Physiotherapist, working for five years, including a period in Canada, before going back to studying Medicine at the University of Leicester. He entered Palliative Medicine through General Practice, with a couple of years in a rural practice, and some time in a Category B Prison (as a doctor, rather than an inmate!).

Iain became a Consultant in Palliative Medicine in Manchester in 2008, and now works solely in secondary and community palliative care. In addition to his very varied clinical work, he is actively involved in undergraduate education at the University of Manchester and in palliative care research. He has published over 60 peer-reviewed papers, book chapters, on-line learning modules and conference papers. Iain is currently a member of the Executive Committees of both the Association for Palliative Medicine and the British Psychosocial Oncology Society, the Editorial Board of the European Journal of Cancer Care and a regular reviewer for several other international journals relating to palliative care.

Dr Mohammed Munavvar

Dr M. Munavvar has been a Consultant Chest Physician at Lancashire Teaching Hospitals, Preston for about 19 years. He is also Director of R &D for the trust and Regional Advisor for Royal College of Physicians of Edinburgh. He has been the founder/organiser of the Preston Basic Bronchoscopy course and BTS Interventional Bronchoscopy/Thoracoscopy course for several years.

Dr Munavvar has been in post as the Secretary for the European Association for Bronchology and Interventional Pulmonology (EABIP) since 2014, and as of 2017, he has been named President-Elect of the association; a role that he will fill for two years before taking on the honour of President.

His Specialist areas include Interventional Bronchoscopy, Thoracoscopy, TB, Lung Cancer, Sarcoidosis, Mesothelioma and other respiratory diseases. His Research interests include Innovative techniques in bronchoscopy, thoracoscopy, pleural diseases.

Dr Gareth Roberts

Dr Gareth Roberts is a consultant nephrologist working in South East Wales. His interests include inflammation and immunity, shared decision making and value based healthcare. He undertook a PhD project at Cardiff university in 2005 looking at the link between recurrent infection and fibrosis.

Following his PhD he was awarded a Welsh Office of Research and Development grant to continue research looking at the role of the T-cell in peritoneal inflammation. He is currently part of a value based healthcare team working on a collaborative project with the Harvard based ICHOM group looking to develop robust systems that link outcomes and cost across the cycle of care.

“It is the second time I have attended this course and will attend again next year as they have been excellent”

Delegate, 4th Manchester Medicine Update
Dr Jecko Thachil
Dr Jecko Thachil is a Consultant Haematologist at the Manchester Royal Infirmary working as a specialist who deals with bleeding and clotting problems in various specialties of internal medicine. His special interest is in the mechanisms of thrombosis in different clinical situations. He also serve as a Chair for the Committee for Disseminated Intra-vascular Coagulation of the international Society of Thrombosis and Haemostasis and is a member of several national and international working parties. He has also edited books (Haematology in Critical Care) and written several book chapters and has published over 200 peer-reviewed papers on these topics. He also serves as reviewer for 25 Journals.

Dr Simon Howell
Dr Howell has been a Consultant in Endocrinology and Diabetes at Lancashire Teaching Hospitals NHS Foundation Trust since 2004. He graduated from Manchester University at trained in the North West. His clinical work involves all aspects of endocrinology but he has a special interest in pituitary disease and heads up the pituitary service at Royal Preston Hospital. He also has an interest in education and training and is training program director for core medical trainees in Lancashire and South Cumbria.

Dr Faheem Latheef
Dr Faheem Latheef is a Consultant Dermatologist and Allergy specialist at the Leeds Centre for Dermatology. He is the current Lead Clinician for Governance in the department and also the Lead Consultant for two of the Community Dermatology Services. He is also an Honorary Senior Lecturer at the University of Leeds.Dr Latheef undertook his postgraduate training at the Central Manchester University Hospitals NHS Foundation Trust. He then underwent higher specialist training in dermatology at Leeds where he developed his interest in Allergy and skin cancer. He also holds an MBA degree with his masters focusing on competitive healthcare strategies in the NHS allowing him to get a better understanding of healthcare management an use of resources.

Dr Ross Overshott
Dr Ross Overshott is a Consultant in Liaison Psychiatry in Salford, Greater Manchester and a playwright. He is the patron consultant for the Manchester University Medical Student Psychiatry Society and conducts a ‘Psychiatry and Cinema’ teaching session on the psychiatry undergraduate course. In 2006, Ross co-founded a small touring theatre company, producing several of his plays that have won festival awards for ‘new writing’ and ‘best production. He is also a panelist at the Medfest event in Manchester.

Dr Saifuddin Shaik
Dr Saifuddin Shaik is a consultant neurologist at Lancashire Teaching Hospitals NHS Trust. He completed his Specialist Registrar Training in the North West. His specialist areas include general neurology and muscle disorders.
Cancellation policy

All cancellation request must be made in writing/email. The following cancellation charges apply:

- Cancellations up to 28 days before the course - Full refund minus 10% admin charge
- Cancellations between 28 to 14 days before the course - 50% refund
- Cancellation 14 days before the course - no refund. Substitute delegates can be accepted at no additional fees. Please make the request by emailing info@revalidaid.com

We will do our best to deliver the programme as advertised, however occasionally the programme has to be changed due to unforeseen circumstances and if this is the case organisers reserve the right to change the content without prior notice.